



1ER COLLOQUE INTERNATIONAL ADVANCE CARE PLANNING (ACP)

ACP dans le monde - ACP en France.

Du concept international à la mise en œuvre française

1ST INTERNATIONAL ADVANCE CARE PLANNING (ACP) SYMPOSIUM

ACP in the world - ACP in France.

From an international context to implementation in France

Paris, vendredi 7 février 2025



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I have no conflicts to declare

Paris, 07 février 2025



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Advance Care Planning in Canada: A Collaborative Approach

Presented by: Karine Diedrich, Director, Advance Care Planning
Canadian Hospice Palliative Care Association (CHPCA)

Paris, 07 février 2025

Introduction: Canada

- Area
 - 9,984,670 km Canada
 - 549,087 km France
- Population (2023)
 - 40.1 million Canada
 - 68.17 million France



<https://www.mylifeelsewhere.com/country-size-comparison/canada/france>



Canada's Healthcare System



By Hogweard - Localisation Manitoba.svg, Public Domain, <https://commons.wikimedia.org/w/index.php?curid=95179594>



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Different Legal Terms and Approaches

Terms for Decision Maker

- Agent
- Representative
- Proxy
- Substitute Decision Maker
- Attorney for Personal Care
- Representative/Delegate
- Mandatory
- Guardian

Documentation

- Personal Directive
- Advance Directive
- Representation Agreement
- Health Care Directive
- Enduring Power of Attorney



Who We Are

The Canadian Hospice Palliative Care Association (CHPCA) is the national voice for Hospice Palliative Care in Canada, advancing and advocating for equitable access to quality hospice palliative care.

Our work includes public policy, public education, knowledge translation and awareness.

Advance Care Planning (ACP) Canada is a collaborative project of the CHPCA.

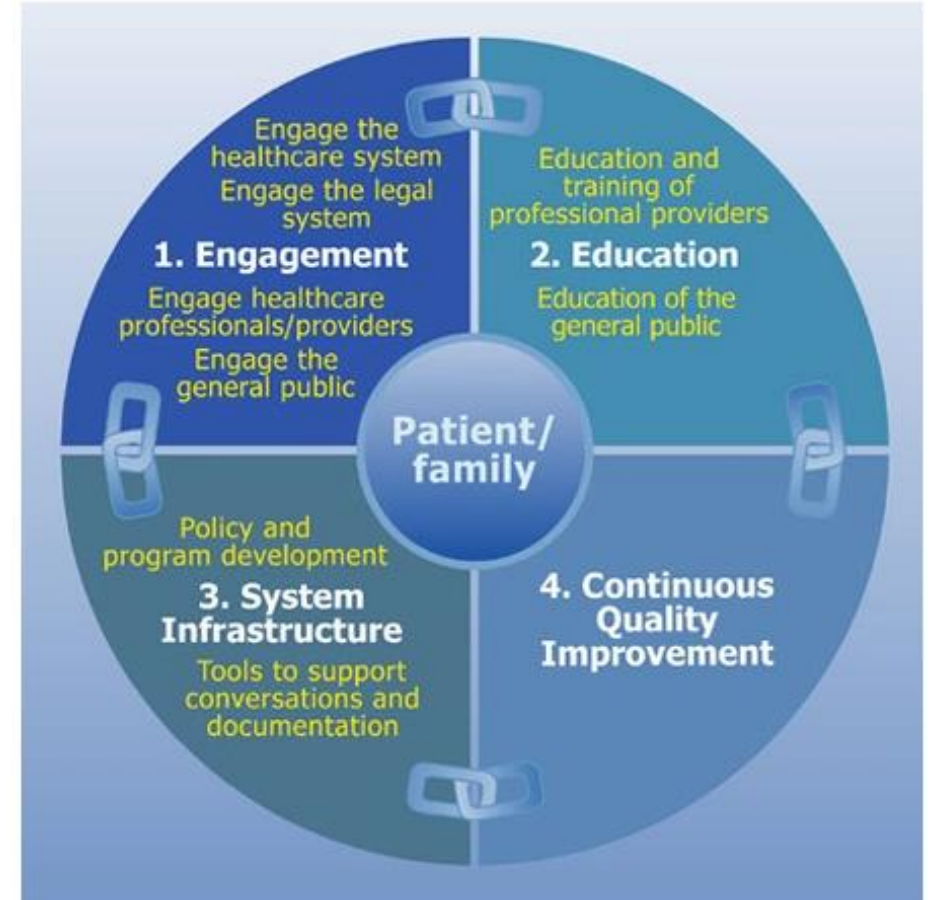


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ACP in Canada: How it Started

- ACP emerged from the work of two community health authorities
- CHPCA has played a leadership role in helping to spread, connect and shape ACP since 2008
- In 2012, in collaboration with leaders across sectors and professional groups, the first National Framework for ACP was developed



ACP in Canada: Today

- The Framework was updated in 2019, emphasizing a greater need for collaboration across sectors and an increased focus on ACP from a life planning model.
- The updated Framework sets out a new strategy to help people move from thinking ACP is a good idea to actually having important conversations.
- To do this, we must make Advance Care Planning a normal part of the life journey and give all people in Canada regular opportunities throughout their lives to express their wishes for future care.



What is Advance Care Planning?

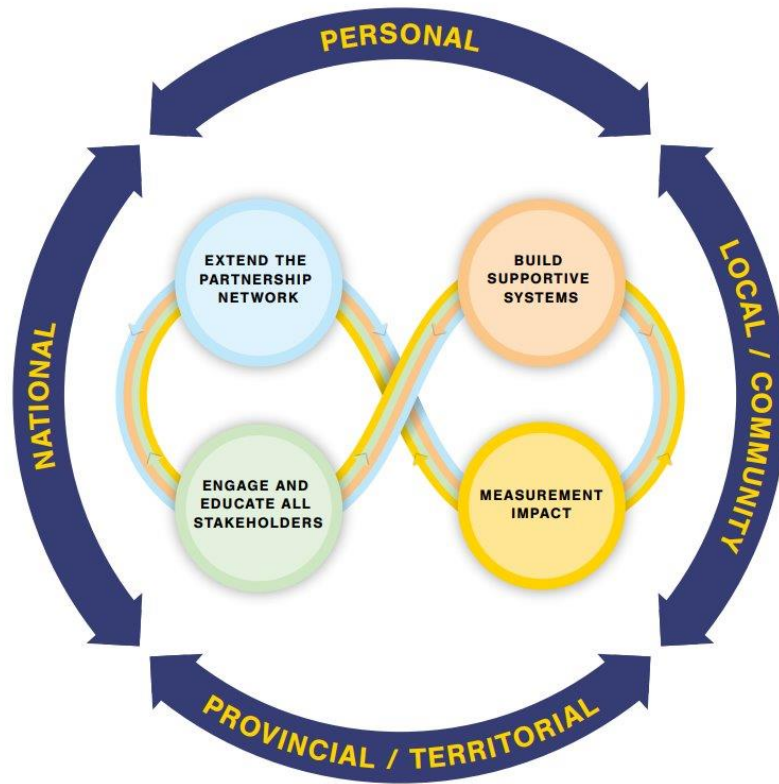
Advance Care Planning (ACP) is a lifelong process of **thinking and communicating** about the kind of health and/or personal care someone would want if – at some point in their life – they were not able to express themselves.

ACP is **not** limited to end-of-life care.

ACP is for **any age or stage** of health.



2019 Pan-Canadian ACP Framework Model



EXTEND THE PARTNERSHIP NETWORK

Key Priorities

- Identify potential partners with a shared purpose
- Integrate efforts to promote ACP

BUILD SUPPORTIVE SYSTEMS

Key Priorities

- Remove legal barriers to ACP engagement
- Identify ways to improve ACP processes within systems
- Invest in ACP
- Increase accountability for ACP

ENGAGE AND EDUCATE ALL STAKEHOLDERS

Key Priorities

- Normalize ACP conversations
- Reach out to underserved communities
- Support service providers and champions

MEASUREMENT IMPACT

Key Priorities

- Establish targets and key performance indicators
- Use data to drive change

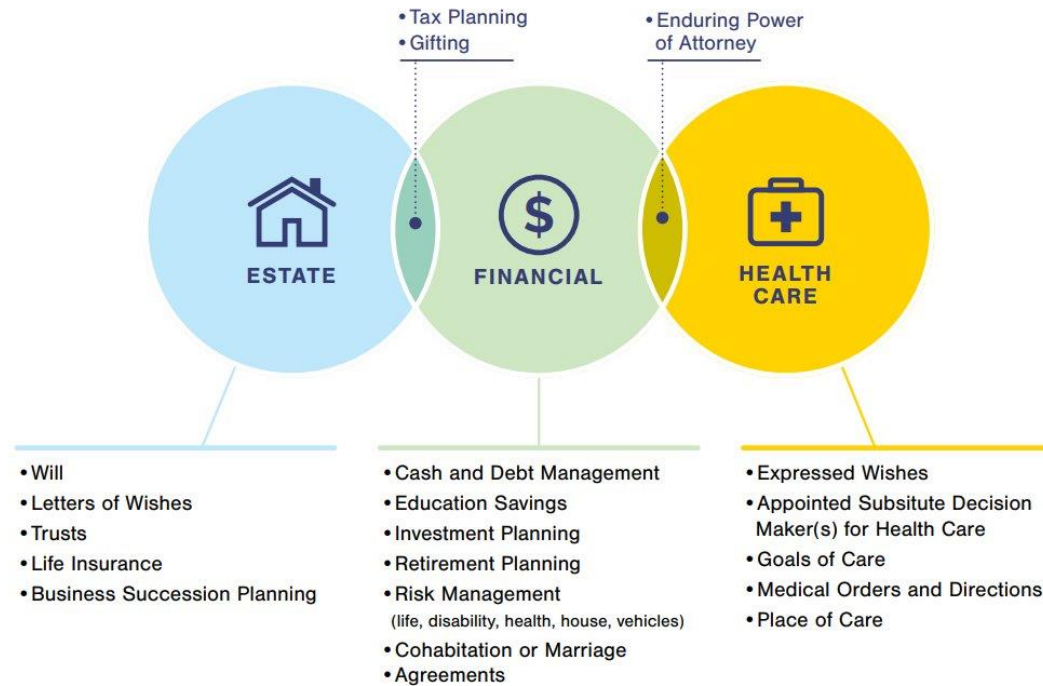


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ACP Life Planning Model

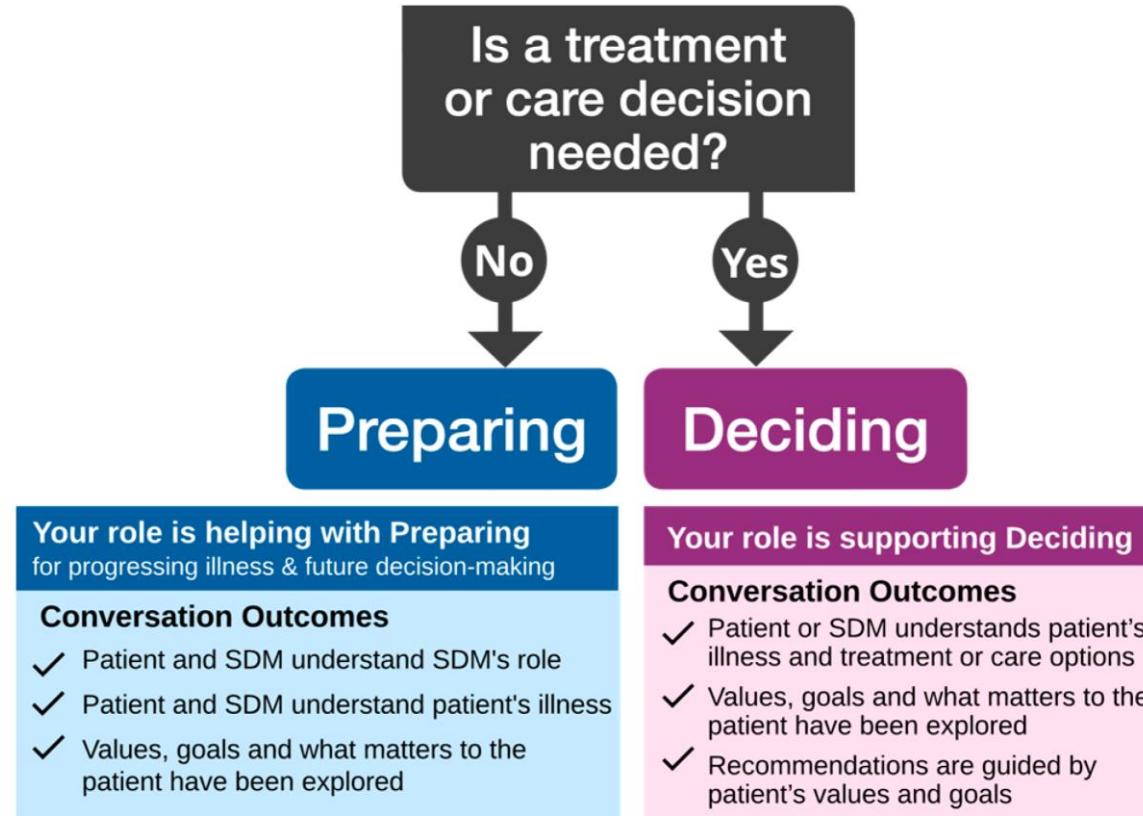


The ACP Journey

- **Think** about what is important to you.
- **Learn** about the care you want.
- **Choose** your decision maker(s).
- **Share** your wishes and preferences.
- **Record** your preferences and decision maker(s)



The Preparing or Deciding Model



Myers, J., Steinberg, L., Incardona, N., Simon, J., Sanders, J., & Seow, H. (2024). Simplifying Serious Illness Communication: Preparing or Deciding. *Current Oncology*, 31(10), 5832-5837. <https://doi.org/10.3390/currenol31100433> (Figure 1)



ACP Canada National Poll Results - 2024

- 76% of people in Canada have given some or a lot of thought to their health and personal care needs, yet less than 1 in 5 have a plan.
- Canadians 65+ are also more likely to have prepared a legal document (such as a will) (63% vs. 27% aged 18-54).
- On average, respondents think people should start engaging in advance care planning around 47 years of age.



Who Canadians Talk to About ACP

Canadians talk most often to family members and close friends about their health or personal care wishes, followed by healthcare providers.

General Population

	2024	2021	2019
Family	61%	59%	36%
Close friend	33% ▲	27%	19%
Healthcare provider	21% ▲	7%	8%
Lawyer	8% ▼	12%	7%
Financial advisor	7% ▼	10%	6%
Spiritual/faith advisor	5%	4%	3%

Living with a Disability

	2024
Family	64%
Close friend	39%
Healthcare provider	26%
Lawyer	11%
Financial advisor	8%
Spiritual/faith advisor	8%

▲▼ = significantly higher or lower compared to the previous year.



Evolving Cultural Norms

% Agree

■ General Population
■ Living with a Disability

People in my community, family, and/or friends generally avoid talking about health or personal wishes should I become ill.



There is a need for more acceptance around sickness, death, dying and expressing health or personal care needs in our society.



Blue box = significantly higher compared to those not living with a disability.

Advance Care Planning Canada. (2024).

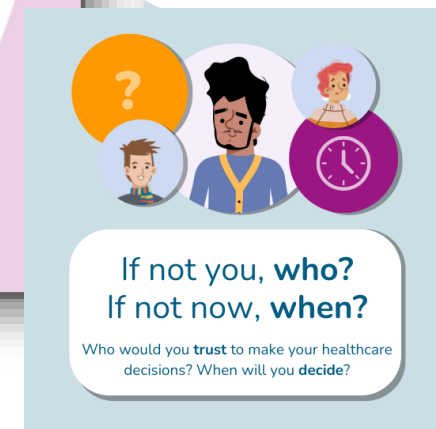
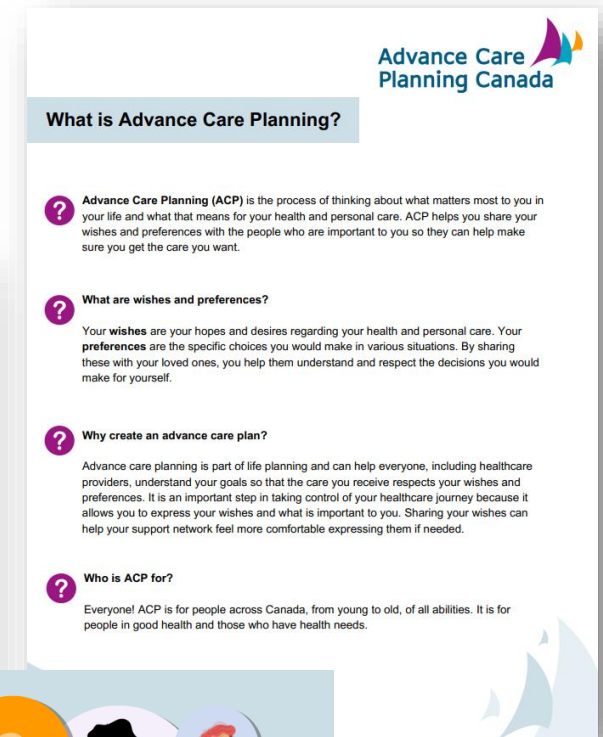
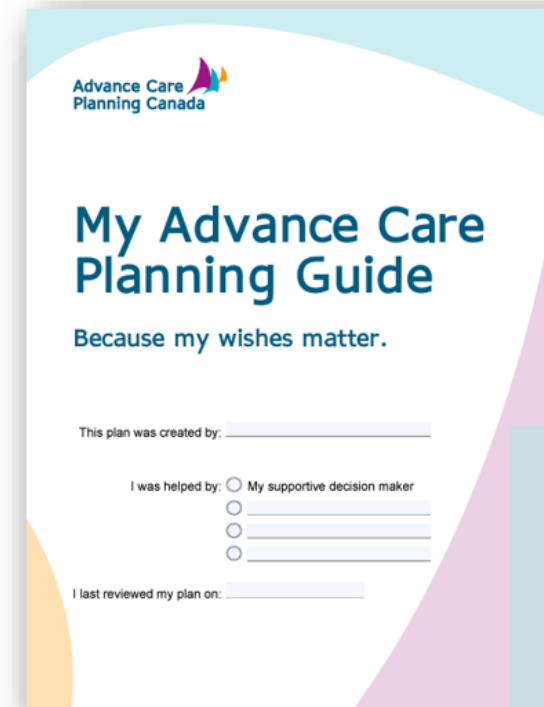


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ACP Public Awareness

- ACP Day April 16
- National Polls
- Advancecareplanning.ca
- Advance Care Planning Guides
- Community Presentations and Workshops
- Focus on accessibility



AdvanceCarePlanning.ca



Because your wishes matter.

Start Planning

🔍 Français

About Us ▾

ACP Basics ▾

Programs ▾

Tools & Resources ▾

ACP Across Canada ▾

Advance Care Planning In Canada

It's about Conversations.
It's about Wishes.

Advance care planning (ACP) is the process of thinking about what matters most to you in your life and what that means for your health and personal care. ACP helps you share your wishes and preferences with the people who are important to you so they can help make sure you get the care you want.



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Partnership and Collaboration

- Lawyers, Financial Planners, Funeral Directors
- Federal, Provincial and Territorial Government
- Hospices, Long-Term Care Homes, Hospitals, Clinics
- Physicians, Nurses, Social Workers, Personal Support Workers
- Volunteers, Community Leaders, ACP Champions
- Advisory Groups, Committees, Communities of Practice
- Provincial Hospice Palliative Care Associations, Palliative Care Coalition of Canada



Thank you

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